



Metabol

90 Cps

NUTRITIONAL SUPPLEMENT

*Your Ticket to
Metabolic Health
and
Regulation*



SGK 
Health Sciences

HEALTH.SGK.SWISS

Metabolic Diseases Are Preventable!

Among Indigenous Populations, Diabetes Is Virtually Unknown

When exposed to a **Western lifestyle**, however, serious health problems appear rapidly. If people return – even partially – to their **original way of living**, aligned with their **genetic blueprint**, the body often has the remarkable ability to heal itself.

With decreasing physical activity, rising stress levels, and modern dietary habits, many are inevitably heading toward a **diabetic metabolic state**. The metabolism becomes overloaded, leading to what is known as the **Metabolic Syndrome**: obesity, elevated blood lipids, reduced healthy fats, increased insulin production, impaired glucose tolerance, and even coagulation disorders. Together, these factors form the foundation for future organ damage.

A key feature of the Metabolic Syndrome is **insulin resistance** – a reduced sensitivity to the body's own insulin – which is further aggravated by excess weight and lack of movement. The consequences include **vascular constriction**, **circulatory impairment**, and subsequent **tissue and nerve damage**.

Metabol provides the **essential micronutrients** your body needs to maintain a **balanced and efficient metabolism**.

